

# Victorian Flute Guild

# PROFESSIONAL DEVELOPMENT DAY

PRESENTED BY

## PETER BARTELS

Friday 2<sup>nd</sup> September 9.30am - 3.00pm

Presbyterian Ladies' College

Burwood Highway, Burwood

Vehicle entry via Gate 4 Parer Street



**The Professional Development Day will delve into the inextricable link between playing the flute and the way we use our bodies. Through functional anatomy and somatic knowledge, we will explore how to find balance, freedom and ease to enhance our flute playing. This is a practical day with movement exploration. To fully engage with the activities, it is suggested that participants bring a yoga mat if possible. Comfortable clothing that allows for freedom of movement would be advantageous. Participation in the activities is entirely at the participant's discretion.**

### ***Technique through balance***

Session one will delve into aligning our bodies to create balance and ease leading to greater fluency in technique. We will look at balancing the flute comfortably, optimising arm and hand positions and play creative exercises to build your students' technique from the beginning stages through to more advanced technical development.

### ***Breath is the soul of the flute***

The second session will take an in depth look at how we breathe. Exploring the primary and secondary muscles of respiration we will aim to develop a whole body, relaxed approach to breathing. This knowledge will then be applied directly to flute playing and there will be plenty of breathing exercises that can be used in your teaching studio.

### ***Producing a fabulous sound***

The final part of the day will look at how to help your students produce a fabulous sound. This session will include embouchure development and a logical progression of tone exercises and skills to create a great sound, incorporating and expanding on the knowledge from the first two sessions.



Peter is highly regarded as an outstanding flute pedagogue. He leads a vibrant flute program at the Presbyterian Ladies' College in Melbourne and for many years has taught flute at the University of Melbourne. Peter holds a Master of Music and Bachelor of Music degree from the University of Melbourne and a Graduate diploma in Education from Monash University. He spent four years in Vienna where he taught, performed and studied the flute. Peter has given workshops, masterclasses and junior programs throughout Australia including for the Australian Flute Festival and he created the Melbourne Flute Summer School which ran for nine years. He recently published his first book, Supercharge Your Flute Technique. peterbartelsflute.com

**Cost: \$80.00    Bring your flute, a yoga mat (if you have one) and lunch. Tea and coffee provided**

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### REGISTRATION AND PAYMENT

(Pre-registration and current VIT registration or Working With Children Check are required to attend this event)

Name.....Telephone.....

Email .....

VIT or WWCC Number (required for participation) .....

Credit Card No.....Expiry Date .....

Cardholder's Signature..... Date.....

Direct Debit: Commonwealth Bank – BSB 063010 – Account No 10053033 - Ref: PDD Initial & Surname

Enquiries: Annette Sloan 0417 102 320 [azsloan@bigpond.com](mailto:azsloan@bigpond.com)